**B-1: Mental Disorder or Drug Research paper** **Assigned**: 1/31/17 **Due**: 2/13/17 **Worth**: 20 pts.

**Purpose**

* Demonstrate your ability to avoid plagiarism by properly using in-text citations and citing your sources in the References section (using APA format). You will use these skills in the science fair project and future research.
* As a class, you will collect information on a variety of mental health and drug topics to share with each other.

**Format**

* Typed, 1 inch margins all around, double spaced, with easily readable font

(e.g. 12 pt. font size, Times New Roman)

* For simplicity, you don’t need a separate title page, headers/footers, or page numbers.
* Use **in-text citations** in the essay to show where the information came from (last name, first initial., year).
  + Here’s an example (Warren, A., 2016).
  + …when there is no author (“Title of article”, 1999).
  + …when there is no date (Warren, A., n.d.)

**Acceptable Sources**

* At least 3 different sources:
* You may only use the following **books**: health textbook, bio textbook, any of the books from the library
* You may only use the following **websites**: LAUSD databases (for example, gale: science in context),

<http://mayoclinic.org> , <http://webmd.com> , <http://nih.gov> , <http://nlm.nih.gov> , <http://psychcentral.com> , <http://nami.org> , <http://apa.org>

* If you have another good reference, ask Mr. Warren for permission to use it beforehand!

**Guiding questions for a mental disorder topic:**

* **Background Information**
* Why is this mental disorder topic interesting or important?
* How common or rare it is in the population and/or what causes it?
* What **thoughts, feelings, and behaviors** do people with the disorder exhibit?
* How does living with the disorder interfere with daily life? What struggles do those suffering from it have?
* What can be done to ease the symptoms of this disorder? (How is it treated? Therapy? Medication?)
* **Conclusion**
* Why should people view those suffering from this disorder like they would view those suffering from a physical disorder?
* How should people treat them / interact with them, accordingly?

**Guiding questions for a drug topic:**

* **Background Information**
* Why is this drug topic interesting or important?
* What other names does it go by, and how is it taken?
* What **thoughts, feelings, & behaviors** do people exhibit while on the drug (short term/“acute” effects)?
* Desired effects (positive)? Side effects (negative)?
* What are the consequences of abusing this drug for long periods of time? Are there withdrawal effects?
* How does abusing this drug affect the user’s daily life?
* **Conclusion**
* Explain what people would have to do in order to successfully stop abusing the drug.
* Do you think this drug could be used safely? (Explain how/why!)

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| **Do not simply list the effects, especially if you aren’t familiar with the words. You must explain the experience or include anecdotes! Your target audience is your peers, so look up and define words that you/they might not know.** |

**References**

* List your references in APA format

1. Use <http://citationmachine.net>
2. Select APA format and the media type (website, book, etc.)
3. Enter any missing information that citationmachine failed to find automatically (author/date/title?)
4. Copy/paste into References section of your paper in alphabetical order, and skip lines between each

**Example paragraph with in-text citations**

Most people don’t understand depression, and that ignorance makes having depression even harder to live with. Depression, the disorder, “isn’t being sad when something in your life goes wrong. Real depression is being sad when everything in your life is going right” (Breel, K., 2013). It doesn’t make sense, but that’s exactly the point. That’s what defines depression as a mental disorder rather than a “normal” emotional response. Kevin Breel, who shared his struggles in a TED talk, makes for a great example. He was the captain of his basketball team, succeeded academically and had a healthy social life, yet he still suffered from depression and suicidal thoughts (Breel, K., 2013). He points out that “we are so, so, so accepting of any body part breaking down other than our brains” and how ignorance of mental health creates a stigma: the negative judgments of people as though they are weak, rather than sick. Fear of that judgment leads people to deal with their suffering in secret and to not get help. Breel, like many suffering from depression, felt like he was living two separate lives and constantly feared that someone might discover his inner darkness hiding behind his big personality and smile (2013). So depression, itself, isn’t even the entire problem. With it comes isolation at a time when support is needed the most. Even worse, perhaps, is how that isolation robs society of the opportunity to see depression as an actual medical condition, and break the cycle.

**Example References**

Breel, K. (2013). Confessions of a depressed comic. Retrieved February 17, 2016, from

http://www.ted.com/talks/kevin\_breel\_confessions\_of\_a\_depressed\_comic

**C-6: Science Fair Lab Report Assigned Date**: \_\_\_\_\_\_\_ **Due**: \_\_\_\_\_\_\_ **Worth**: 30 pts.

10 points: **Background Information** has in-text citations, **References** is in APA format

20 points: **Methodology** section is written in a narrative, 3rd person, passive voice, past tense